



*Le Témis...
pour changer d'air!*

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of Temiscamingue**

Recycle Guide



HISTORICAL CONTEXT

Quebec enacted a law “Politique Québécoise de gestion des matières résiduelles 1998-2008”. A proposed “Action Plan” for waste management to favour reduction at source for a healthier environment.

An objective of 60 % was set for each municipality for the recycling of glass, metal, plastic and cardboard.

Recycling must be an integral part in every Temiscamingue citizen’s daily life. The recycle guide is created to help you recycle wisely at home.



This guide will give you useful suggestions based on the practice of the “3RV-E”: Reduce at source, reuse, recycle, valorization and elimination this should be the order followed when doing residual recycling management.

Recycle is a great way to take care of our environment.

PROMOTING THE « 3RV-E »

Reduce at source :

- ⇒ Buy lightly packaged goods
- ⇒ Buy items that have more than one use instead of disposable products. (to dispose after one use)
- ⇒ Buy product made from or packaged in recycled materials
- ⇒ Buy in bulk instead of single serving
- ⇒ Buy reusable and refillable containers
- ⇒ Don’t buy things you don’t really need

Reuse :

- ⇒ Consider the reuse of packaging (reuse plastic containers, metal box, plastic bag, glass jars)
- ⇒ Convert scrap paper into memo pads
- ⇒ Choose reusable beer or pop bottles
- ⇒ Repair and recondition faulty electronics appliances and furniture to extend their useful lives

Recycling :

- ⇒ Take an active part in your community recycling program (paper, cardboard, glass, metal, plastic).

Valorization :

- ⇒ Leave the grass clipping on the ground.
- ⇒ Home compost kitchen and garden waste.

Elimination :

- ⇒ Only throw material with no reusable, recycling or composting values.

PAPER AND CARDBORD

Recyclable items :

- ⇒ White and coloured bond papers, writing pad paper, brown paper, drawing paper, tissue paper, shredded paper
- ⇒ Newspapers and flyers
- ⇒ Catalogues and magazines
- ⇒ Phone directory
- ⇒ Books, envelope, note pad, bills, letters, files folders
- ⇒ Brown paper grocery bags
- ⇒ Corrugated and flat cardboards
- ⇒ Milk and juice cartons (waxed)
- ⇒ Cardboard box
- ⇒ Egg cartons
- ⇒ Carton tubes



Preparation :

- ⇒ Remove flyers from their plastic bag
- ⇒ Remove styrofoam from their boxes
- ⇒ Flatten your corrugated and cardboard boxes
- ⇒ Rinse milk and juice carton

Avoid the following Non-Recyclables :

- ⇒ Soiled paper and cardboard (from oily food or paint)
- ⇒ Toilet tissue, Paper towels, tissue paper, hygienic pads etc...
- ⇒ Padded envelope
- ⇒ Stickers
- ⇒ Photographs
- ⇒ Carbon paper
- ⇒ Diapers
- ⇒ Wallpaper



GLASS

Recyclable items :

- ⇒ Wine bottles, pop bottles and liquor bottles
- ⇒ Jar of any size and shape (clear and coloured glass)

Preparation :

- ⇒ Rinse jars or bottles well (to avoid contamination and bad odour) no need to remove the label
- ⇒ Remove and rinse lids and place loose in blue box

Avoid the following Non-Recyclables :

- ⇒ Light bulbs
- ⇒ Fluorescent tubes
- ⇒ Kitchenware and porcelain
- ⇒ Crystal and pyrex dishes
- ⇒ Ceramics and pottery
- ⇒ Window glass, mirrors
- ⇒ Drinking glasses
- ⇒ Fibreglass
- ⇒ Car light bulbs
- ⇒ Bottles from beauty product



Other Non-Recyclables :

- ⇒ Wood
- ⇒ Clothes and fabrics
- ⇒ Furniture
- ⇒ Food
- ⇒ Syringes
- ⇒ Accessories (purse, shoes, belt)
- ⇒ Construction materials (ceiling tiles, etc.)
- ⇒ Carpet
- ⇒ Dead animals or animal excrement
- ⇒ Grass or dead leaves



PLASTIC

Recyclable items :

- ⇒ Clear and coloured plastic bottles (household cleaning products, bleach, shampoo, pop, water, vinegar, dishsoap)
- ⇒ Clear and coloured plastic containers (margarine, yogurt, ice cream)
- ⇒ Tubs and lids
- ⇒ Plastic bags (shopping, sandwich, garbage, bread)
- ⇒ All plastic bottles having a recycle triangle with number 1 to 7 written in the triangle



Preparation :

- ⇒ Rinse well to avoid contamination or bad odour no need to remove label
- ⇒ Remove and rinse lids and place loose in blue box
- ⇒ Put all plastic bags in one and tied up

Avoid the following Non-Recyclables :

- ⇒ Water hose
- ⇒ Plastic toys
- ⇒ Toothpaste tube
- ⇒ Cellophane « Saran wrap »
- ⇒ Polyethylene products
- ⇒ Commercial and industrial plastic
- ⇒ Tarps (car or pool covers, etc.)
- ⇒ Polystyrene product « Styrofoam »
- ⇒ Rubber product
- ⇒ Elastic and scotch tape
- ⇒ Audio and video tape
- ⇒ Blinds
- ⇒ Rope of all kind



DID YOU KNOW THAT ?

Two litres containers of pop bottles can be used to manufacture backpacks, baseball caps, bicycle helmets, t-shirts and tents.

METAL

Recyclable items :

- ⇒ Aluminium containers (plates, bowls, etc.)
- ⇒ Metal and can lids
- ⇒ Cans
- ⇒ Aluminium cans
- ⇒ Aluminium foil



Preparation :

- ⇒ Rinse containers well to avoid contamination and bad odour no need to remove the label
- ⇒ Remove and rinse lids and place loose in blue box

Avoid the following Non-Recyclables :

- ⇒ Scrap metal, nails, screws, toys, stereos, metal wire, pipes, taps, etc.
- ⇒ Aerosol cans (Spray net)
- ⇒ Dangerous and toxic containers that contained oil paint, solvents, propane, gas, etc.
- ⇒ Household appliances
- ⇒ Kitchen utensil, pots and pans
- ⇒ Car and bicycle parts



DID YOU KNOW THAT ?

Each year in Quebec, there is 312 millions consignee containers that are not returned for refund or recycled. If we could connect together the amount of containers not returned or recycled it would make up three times the circumference of the planet.